



LAC ST-JEAN



Lac Saint-Jean is a **vast inland sea**. The region's inhabitants are affectionately referred to as "**les Bleuets**" (Blueberries) after the wild blueberry that grows in abundance here. The people of Lac St-Jean are also **famous for their warm hospitality**, which you are sure to encounter early in your stay. If you are looking to build a short 10-day itinerary in Canada, it is definitely a must-see.

WALK ON LAC ST-JEAN'S SHORE

WHAT TO DO

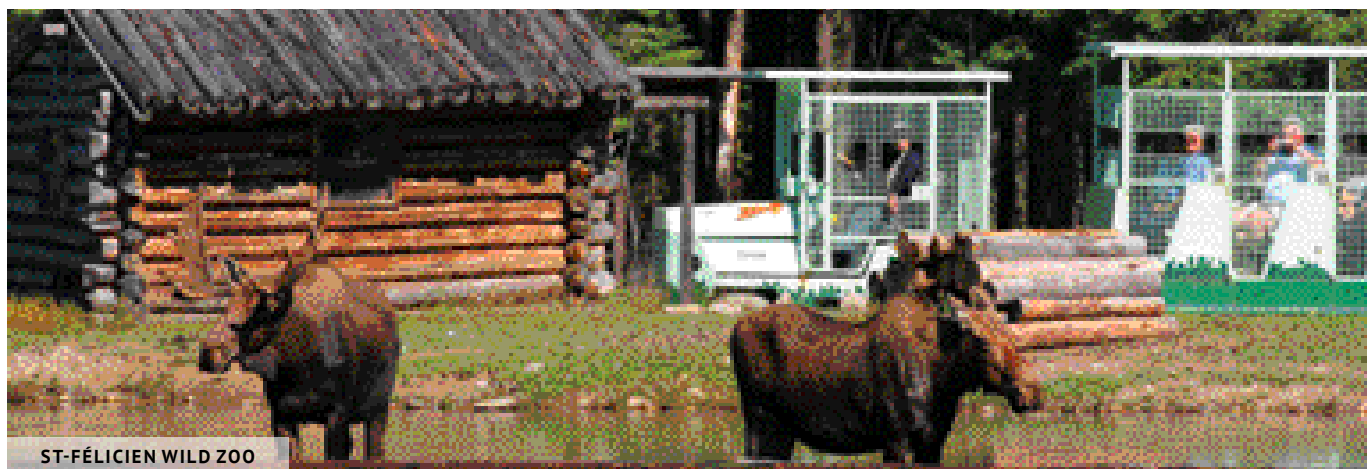
SAINT-FÉLICIEN WILD ZOO ★★

This wild zoo is different from traditional zoos: it houses only **animals from Boreal climates**, i.e. from the world's northern regions such as Canada, Alaska, northern Russia and certain areas of Asia (Japan) and Europe. There are more than 500 animals of 86 different species and 4.5 km of hiking trail. At Saint-Félicien Wild Zoo, visitors enjoy a unique experience as they take a ride on board a screened-in train along nature trails where **humans are in cages, while the animals roam free!** You will also find on the site some shops, a main restaurant and several dining areas if you want to bring your picnic.
2230, BOULEVARD DU JARDIN, SAINT-FÉLICIEN
418-679-0543
WWW.ZOOSAUVAGE.ORG



SLEEPING WITH THE CARIBOU ST-FÉLICIEN WILD ZOO

© Authentik Canada, Simon Lemay



ST-FÉLICIEN WILD ZOO

© Tourisme Sag Lac, Charles-David Robitaille



Family

★ Noteworthy

★★ Worth the detour

★★★ Must see

VAL-JALBERT HISTORICAL VILLAGE ★



Founded in 1918, Val-Jalbert became a “ghost town” after being abandoned by its inhabitants in 1927, the year the pulp and paper factory closed its doors. Visitors can admire the powerful **Ouiatchouan Falls** ★★, higher than Niagara Falls, and forty or so original period buildings including the convent-school, general store and post office. Other activities include guided tours on board the trolleybus, theatrical presentations and a cable car ride to the top of the falls. Restaurant and shops on the site.

95, RUE SAINT-GEORGES,
CHAMBORD
418-275-3132
WWW.VALJALBERT.COM

© Tourisme Saguenay, Lac-Saint-Jean



VAL-JALBERT HISTORICAL VILLAGE



OUIATCHOUAN FALLS IN VAL-JALBERT

© iSteno



Family

★ Noteworthy

★★ Worth the detour

★★★ Must see

NATIVE MUSEUM OF MASHTEUIATSH ★

This museum is a fascinating way to discover the **culture and lifestyle of the Innu** of Lac-St-Jean and to learn about the other First Nations of Québec and the Americas through a permanent exhibition, temporary exhibitions and much more.

1787, RUE AMISHK, MASHTEUIATSH
418-275-4842

MUSEEILNU.CA

SWIMMING IN LAC ST-JEAN



The shores of Lac Saint-Jean offer many kilometres of sandy beach. Here are a few suggestions of places to enjoy the lake's refreshing waters:

- **Vauvert beach:** A favorite! Vauvert-sur-le-lac-Saint-Jean is a tourist complex known for its magnificent 8-km long beach, stretching between the estuaries of the Péribonka and Mistassini rivers. Several services are available and access is free of charge.
488 Route de Vauvert, Dolbeau-Mistassini / vauvertsurlac saintjean.com
- **Parc National de la Pointe-Taillon beach:** Another favourite! The park entry fee must be paid in order to access this lovely long beach. The site also offers picnic tables, kids' playground, walking trails, bicycle trail and rental of watercraft (SUP, kayak, pedalboat, canoes) and bicycles.
835 Rang 3 Ouest, Saint-Henri-de-Taillon / www.sepaq.com/pq/pta
- **Belley beach:** The Belley Campground beach is a favourite with families for its long stretch of sand and its warm shallow waters. Children love playing in the privateer boat on the edge of the water. Entrance fee required.
100 Chemin Belley, Saint-Henri-de-Taillon / campingbelley.com
- **Le Rigolet beach:** There is supervised swimming for the whole family at the Le Rigolet recreational tourism centre. The site also features a restaurant, snack bar, walking trails and playground. Access is free of charge.
18 Rue Saint-André, Métabetchouan-Lac-à-la-Croix.



LAC ST-JEAN, AN INLAND SEA

© WikiMedia, Jolyn le-cowboy



SUNSET ON LAC ST-JEAN

© Tourisme Sag Lac, Jean Tanguay



LAC ST-JEAN'S BLUEBERRIES

© WikiMedia, Treetime.ca

FESTIVALS

Traversée internationale du lac St-Jean

Dates : end of July

Every summer since 1955, The Traversée internationale du lac St-Jean has been attracting elite open water swimmers from around the world to the town of Roberval. Activities include open water swimming races, outdoor shows, fireworks, Supper in the Streets, a Winners' Parade, family events, and more.

In Roberval :

www.traversee.qc.ca

Festival du Bleuets (Bueberry Festival)

Dates : end of July

The blueberry, the emblem of Lac Saint-Jean, can be found in all its forms during this popular celebration, where a giant 1.5-m pie made with 90 kg of blueberries is shared by 450 festival-goers and activities such as a grand parade, live entertainment and supper in the street promise fun for the whole family.

In Dolbeau-Mistassini :

www.festivaldubleuet.com



Family

★ Noteworthy

★★ Worth the detour

★★★ Must see

© Tourisme Saguenay-Lac-St-Jean, Charles-David Robitaille



TRAVERSÉE INTERNATIONALE DU LAC ST-JEAN

WHERE TO EAT

1 MICROBRASSERIE LA CHOUAPE (\$)

La Chouape brews flavorful, original and natural beers from locally-grown organic barley and wheat. Two of their beers have won medals at the Mondial de la bière de Strasbourg. Customers come for good beer, snacks and a small selection of light meals. The terrace is superb!

1134, BOULEVARD SACRÉ-COEUR,
SAINT-FÉLICIEN / 418-613-0622
WWW.LACHOUAPE.COM

2 LE DRAVEUR COOKERIE & BAR (\$\$-\$\$\$)

This newcomer to the Roberval restaurant scene is already enjoying immense popularity with its logging / log driving theme and rustic-chic décor inspired by the logging camps of yore. The menu offers reinvented classic Quebec comfort foods that were served in the camps, with a modern twist. As it is also a bar, guests must be 18 or older to eat there, except in summer when the terrace is open.

169, AVENUE ROBERVAL,
ROBERVAL 418-275-0111

3 LE BAUMIER (\$\$-\$\$\$)

Chefs Patrick Fournier and Sébastien Simard from Hotel du Jardin offer a Nordic inspired cuisine. The passionately concocted dishes will give you a taste of all the flavours of the season, made with fresh local products.

1400 BOULEVARD DU JARDIN,
ST-FÉLICIEN / 418-679-8422
WWW.HOTELDUJARDIN.COM

4 RESTAURANT DU MOULIN (\$\$\$)

Discover local specialties through mouth-watering regional cuisine. The dining room combines rustic charm and modern architecture with a prime location near the majestic Ouatichouan Falls, which are illuminated at night. Open from late May to early October. Discount on your meal if you visit the historic site on the same day. Reservations required.

VILLAGE HISTORIQUE DE VAL-JALBERT / 95, RUE SAINT-GEORGES,
CHAMBORD / 418-275-3132
WWW.VALJALBERT.COM/FR/SERVICES/RESTAURANT-DU-MOULIN

*** Hours may Vary ***



Microbrewery

\$ Inexpensive \$\$ Moderate \$\$\$ Upscale \$\$\$\$ Fine dining

