The spirit of the Old West lives on in Calgary, where the cowboy hat is just as fashionable in the boardroom as it is on the ranch. If you visit Calgary in early July, you will experience the excitement of the Calgary Stampede, the largest rodeo event in Canada.
WHAT TO DO

CALGARY TOWER ★★
Soaring above the downtown core, the Calgary Tower observation deck offers a spectacular 360° view of the bustling city, the majestic Rocky Mountains, the foothills, and the prairies. Be sure to walk across the glass floor at the top of the tower for a birds-eye view of the city streets below: thrills guaranteed! The tower also boasts two restaurants offering panoramic views. Open daily September-May from 9 a.m. to 9 p.m. and June-August from 9 a.m. to 10 p.m.
101 9TH AVE SW, CALGARY
403-266-7171
WWW.CALGARYTOWER.COM

GLENBOW MUSEUM ★★
An art and history museum located right in downtown Calgary, the Glenbow Museum houses a wide variety of world-renowned exhibitions and the largest art collection in Western Canada, in addition to permanent exhibitions that tell the story of Southern Alberta and the West to thousands of visitors each year. Audioguides available. Open Tuesday-Saturday from 9 a.m. to 5 p.m. and Sunday from noon to 5 p.m.
130 9TH AVENUE SE, CALGARY
403-268-4110
WWW.GLENBOW.ORG

8TH AVENUE (STEPHEN AVENUE WALK) ★★
This historic pedestrian mall in Downtown Calgary is the perfect place to go for a stroll, do some shopping or pick up a few souvenirs of your Western Canada adventure. The pedestrian section of 8 Avenue SW is between 1st St SE and 4th St SW.

NEARBY

ROYAL TYRRELL MUSEUM★★
The Royal Tyrrell Museum is Canada’s only museum dedicated exclusively to the science of palaeontology. Located in Drumheller, in the heart of the Canadian badlands, about 2 hours from Calgary, the museum houses one of the world’s largest displays of dinosaurs. Visitors of all ages will be amazed by the gigantic tyrannosaurus skeletons. Open daily May 15-August 31 from 9 a.m. to 9 p.m., and September 1-30 from 10 a.m. to 5 p.m. In low season, open Tuesday-Sunday from 10 a.m. to 5 p.m.
1500 NORTH DINOSAUR TRAIL, DRUMHELLER
403-823-7707
WWW.TYRRELLMUSEUM.COM

8TH AVENUE (STEPHEN AVENUE WALK)
This historic pedestrian mall in Downtown Calgary is the perfect place to go for a stroll, do some shopping or pick up a few souvenirs of your Western Canada adventure. The pedestrian section of 8 Avenue SW is between 1st St SE and 4th St SW.

CALGARY BY NIGHT

CALGARY DOWNTOWN

STEPHEN AVENUE WALK

★ Noteworthy  ★★ Worth the detour  ★★★ Must see
WHERE TO EAT

1. UNA PIZZA + WINE ($$)
   UNA Pizza serves some of the best thin-crust pizza in town, for dining in or takeaway. Also has an extensive wine list. Reservations not accepted so try to get there early, as it is a very popular spot. Open daily from 11:30 a.m. to 1 a.m. 618 17TH AVE S.W., CALGARY 403-453-1183 WWW.UNAPIZZERIA.COM/CALGARY

2. NATIVE TONGUES TAQUERIA ($$)
   This delicious little taco restaurant serves cuisine rooted in the traditional street and market foods of Mexico. Their crispy fried tortillas are topped with a variety of delicious garnishes to suit all tastes: meat, vegetables, refried beans, fish, and even grilled octopus!

3. NOTABLE ($$-$ $$) 
   If you would like to slow down and savour a delicious dining experience, pay a visit to this modern restaurant with its emphasis on slow food and its cozy, gourmet casual atmosphere. The menu offers fresh, original bistro cuisine. Favourite dishes include the rotisserie chicken. Open Tuesday-Thursday from 11:30 a.m. to 10 p.m., Friday from 11:30 a.m. to 11 p.m., Saturday from 11 a.m. to 11 p.m. and Sunday from 11 a.m. to 9 p.m. 4611 BOWNESS RD NW, CALGARY 403-288-4372 WWW.NOTABLEHERESTAURANT.CA

4. CHARCUT ROAST HOUSE ($$$)
   Everything here, from the sausages to the breads, is made from scratch using fresh, seasonal ingredients from local producers. CHARCUT’s style of food is best described as urban-rustic with Italian and Country French accents. True to its name, the restaurant is the ultimate destination for meat lovers. The menu features a variety of house-made charcuterie and grilled and charcoal-roasted meats as well as fish and vegetable dishes. With a glass of wine in hand and a carnivore’s appetite, you will never want to leave downtown Calgary. Open Monday-Tuesday from 11 a.m. to 11 p.m., Wednesday-Friday from 11 a.m. to 1 a.m., Saturday from 5 p.m. to 1 a.m. and Sunday from 5 p.m. to 10 p.m. 101 899 CENTRE STREET SW, CALGARY 403-984-2180 WWW.CHARCUT.COM

5. RIVER CAFÉ ($$$$$)
   Built more than twenty years ago, the River Café is located in the middle of Prince’s Island Park, in a remarkable setting on the Bow River near downtown Calgary. River Café was one of the pioneers of the “farm to table” philosophy, working with small local growers and producers to source the finest Alberta ingredients, and identifying the provenance of the ingredients.
Calgary Stampede

Dates: July 7 to 14, 2019
The largest annual event in Canada features an internationally renowned rodeo competition, a fair, an agricultural exhibition, chuckwagon races, concerts, a First Nations “Indian Village”, pancake breakfasts across the city, and much more.

www.calgarystampede.com

Calgary Folk Music Festival

Dates: July 25 to 28, 2019
Calgary’s most popular music festival. Featuring over 62 artists from around the world, the festival celebrates a variety of musical genres including world music, country, alternative, blues, funk, bluegrass, traditional and more. A great activity to enjoy with friends or family.

www.calgaryfolkfest.com/festival

Calgary Raggae Fest

Dates: August 15 to 17, 2019
Reggae fans can move to the rhythm of local and international reggae artists. An event that transcends racial, cultural and musical boundaries, Reggaefest offers something for everyone with a Kids Zone and food and craft stands.

www.reggaefest.ca

The restaurant serves seasonal Canadian cuisine and is dedicated to the art of preparing everything from scratch, from making their breads and desserts in-house to butchering, curing and smoking their own meats. Enjoy an exceptional dining experience in an authentic setting, with a panoramic view of the park! Open Monday-Friday from 11 a.m. to 10 p.m. (until 11 p.m. in summer) and Saturday-Sunday from 10 a.m. to 10 p.m. (until 11 p.m. in summer)

25 PRINCE’S ISLAND PARK,
CALGARY
403-261-7670
WWW.RIVER-CAFE.COM