With a population of 2,800,000, Toronto is the largest city in Canada. It is also known as the “Queen City”. Dynamic, cosmopolitan, exciting and international, Toronto is made up of six formerly separate municipalities, each with its own distinct history and identity. It is heralded as one of the most multicultural cities in the world, with over 200 distinct ethnic origins represented among its population.
WHAT TO DO

THE SHORES OF LAKE ONTARIO

CN TOWER ★★★
This 553-metre high concrete communications tower, built by Canadian National railway company in 1976, defines the Toronto skyline. The upper levels are reached by one of six high-speed glass-fronted elevators. Enjoy a breath-taking view as you race upwards at 22 kilometres per hour to a height of 345 metres, almost the height of the Empire State Building! The LookOut deck offers breathtaking views of the city and the surrounding area. On the level below, experience the transparent Glass Floor, with a view 342 metres straight down! Designed for you to have fun on it, you can walk or crawl across it, sit on it or even jump on it. Will you dare? Or enjoy the view from the world’s highest revolving restaurant, 360 Restaurant. Reservations are necessary. Open daily from 9 a.m. to 10:30 p.m. 301, Front Street West 416-868-6937 www.cntower.ca

HARBOURFRONT CENTER ★
Toronto’s highest concentration of cultural and recreational offerings is found at the Harbourfront Centre. This 4-hectare waterfront park offers a variety of events and activities year round on its quays and in its converted terminal buildings. The Harbourfront Centre houses marinas, cafés, restaurants, craft and antique shops, studios, elegant residential complexes, gardens and green spaces. 235, Queens Quay West, Toronto www.harbourfrontcentre.com

THE TORONTO ISLANDS ★★★
The Toronto Islands, with their stately old trees, smooth lawns, marinas and sandy shores, offer splendid views of downtown Toronto along some 6 kilometres of shoreline. Centre Island has an amusement park, a beach, and numerous cafés and restaurants. Explore the more rustic charms of nearby Algonquin Island and Ward Islands along kilometres of walking and biking trails.

ONTARIO PLACE ★
This ultimate family destination features a waterpark, pedal boats, bumper boats, flume rides, mini-golf, helicopter rides, a children’s village and numerous restaurants. The site stretches across three man-made islands, complete with lagoons and marinas, along the Lake Ontario waterfront. The Cinesphere, a 752-seat IMAX movie theatre, has a curved screen that is six stories-high. The cinema shows 3D movies throughout the year. 955, Lakeshore Blvd. West 416-314-9900 www.ontarioplace.com

DOWNTOWN

TORONTO DOMINION CENTER ★
The dark glass towers of the Toronto Dominion Center were the first major structures to be built in Toronto’s financial district, one of the largest business communities in North America. Some 21,000 people work in the complex, which also serves as headquarters and corporate offices for a number of influential Canadian businesses. 66, Wellington Street West www.tdcentre.com
WHERE TO EAT

1 BLACK HOOF ($$-$$$)
At the Black Hoof, everything is made: from the charcuterie to the cocktail garnishes. The menu is all about meat, prepared and served in different and exciting ways (fish and vegetarian options are sometimes available). The signature dish is the long narrow wooden platter of charcuterie. There is much attention to detail in the service; the atmosphere is boisterous and casual. Open Thursday-Monday from 6 p.m. to midnight, closed on Tuesday-Wednesday.
928, DUNDAS STREET WEST
416-551-8854
WWW.THEBLACKHOOF.COM

2 BURGER’S PRIEST ($)
The Burger’s Priest is a temple to the decadent hamburger, prepared with fresh beef ground daily and cooked on a flat top griddle. The Burger’s Priest believes in purity, simplicity and over a hundred years of grilling techniques. You have never seen hamburgers like this. Don’t forget to ask for their secret menu (see their website)!
Burger’s Priest also offers 7 other locations in Toronto.
463, QUEEN STREET WEST, TORONTO / 647-748-8108
WWW.THEBURGERSPRIEST.COM

3 360 THE RESTAURANT AT THE CN TOWER ($$$$-$$$$$)
360 offers delicious market-fresh Canadian cuisine at a height of 350 metres! Enjoy a glass of Canadian wine as you admire a unique 360-degree panoramic view of the city. Open for lunch and dinner; reservation is recommended. Access to the LookOut and GlassFloor is free with the purchase of a prix fixe! Open daily from 11 a.m. to 10:15 p.m.
301, FRONT STREET WEST
416-362-5411
WWW.CNTOWER.CA/EN-CA/RESTAURANT-360

FESTIVALS

Pride Toronto
Dates : June 21 to 23, 2019
Toronto’s Pride Week is one of the premier arts and cultural festivals in Canada. It is not surprising that the event is an unqualified success, year after year: attendance of over a million people, street festival, live entertainment, street fair, costumes, Pride Parade, and much more...
www.pridetoronto.com

Toronto Caribbean Carnival
Dates : July 7 to August 11, 2019
Canada’s largest city is home to this exuberant celebration of Caribbean music and culture, featuring steel bands, a King and Queen competition, concerts and musical boat cruises. The festivities culminate with the spectacular carnival parade. The largest Caribbean festival in North America.
www.carnival.to

HOCKEY HALL OF FAME ★
The Hockey Hall of Fame is the largest hockey museum in the world. In addition to learning all about hockey and exploring the world’s largest collection of hockey memorabilia, you will have the chance to take part in a number of on-site activities. The original Stanley Cup, dating from 1886, is on display in the Great Hall, housed within the historic former head office of the Bank of Montreal. Open in summer high season Monday-Saturday 9:30 a.m. to 6 p.m. and Sunday 10 a.m. to 6 p.m. In low season, Monday-Friday 10 a.m. to 5 p.m., Saturday 9:30 a.m. to 6 p.m., and Sunday 10:30 a.m. to 5 p.m.
30, Yonge Street, Toronto
416-360-7765
www.hhof.com

CITY HALL ★
Toronto City Hall was the symbol of Toronto until the construction of the iconic CN Tower, and remains one of Toronto’s best known landmarks. Built in 1965, its curved twin towers surrounding a white disk-like council chamber are an ideal symbol of a modern and dynamic city.
100, Queen Street West, Toronto

EATON CENTER
The Toronto Eaton Centre is Canada’s ultimate shopping destination, with over 230 shops, restaurants and services. It is the largest shopping centre in Toronto. Millions of tourists from around the world visit the Centre each year to admire its architecture and its metropolitan atmosphere. Open Monday-Friday from 10 a.m. to 9:30 p.m., Saturday from 9:30 a.m. to 9:30 p.m. and Sunday from 10 a.m. to 7 p.m.
220, Yonge Street, Toronto
416-598-8560
www.cfshops.com/toronto-eaton-centre.html

CRUISE ON LAKE ONTARIO ★★
Noteworthy Must see

WORTH THE DETOUR

★ ★

WORTH THE DETOUR

★ ★★

WORTH THE DETOUR

★ ★★★

MUST SEE
4 MOMOFUKU NOODLE BAR / DAISHO AND SHOTO ($$-$$$)
When New York star chef David Chang decided to transplant his famous noodle bar to Toronto, it was an instant success. Momofuku Toronto is a 6,600 square foot 3-storey restaurant complex featuring 3 restaurants (Momofuku on the ground floor, Daisho and Shoto on the third floor) and a cocktail bar. Momofuku is a cafeteria-style restaurant with long communal tables. Must-try menu items include the chicken buns, ginger scallion noodles, Hong Kong egg, rice cakes, mackerel, chicken wings and rice pudding. Open daily for lunch from 11:30 a.m. to 3 p.m. Open evenings Tuesday-Saturday from 5 p.m. to 11 p.m. and Sunday-Monday from 5 p.m. to 10:30 p.m.

190, UNIVERSITY AVENUE
647-253-6225
WWW.NOODLEBAR-TORONTO.MOMOFUKU.COM

5 THE GABARDINE ($$-$$$)
Chef Graham Pratt and his crew cook up a storm of classic dishes inspired by good old fashioned home cooking. The menu offers a range of appetizers such as warm olives, chicken liver paté, beer and cheese rarebit and devilled eggs, salads, five types of sandwiches and a selection of main dishes including the famous macaroni and cheese, risotto, fish of the day, chicken pot pie, and soft corn tortillas with Atlantic cod. The Gabardine is committed to using local, sustainable, organic ingredients whenever possible. Open Monday-Friday from 8 a.m. to 10 p.m. Serving breakfast from 8-10 a.m., lunch from 11:30-3 p.m. and dinner from 5-10 p.m. Open some Saturdays.

372, BAY STREET
647-352-3211
WWW.THEGABARDINE.CA

6 CANOE ($$$$
Located on the 54th floor of the TD Bank Tower in Toronto’s financial district, Canoe offers spectacular views of the city and inventive regional Canadian cuisine created by Chef John Horne. The menu, from succulent foie gras to grilled-to-perfection meats to spectacular seafood, is simply prepared and spot on. The tastes are nuanced, surprising and textured. And, thanks to a presentation that is gallery-worthy, always lovely to admire. The service is unpretentious and professional. Open Monday-Friday for lunch from 11:45 a.m. to 2:30 p.m. and for dinner from 5 p.m. to 10:30 p.m.

66, WELLINGTON STREET WEST, TORONTO / 416-364-0054
WWW.CANOERESTAURANT.COM