

KOUCHIBOUGUAC



Kouchibouguac National Park is a fascinating blend of peat bogs, salt marshes, freshwater estuaries, sand dunes and sheltered lagoons. Bird watching is one of the most popular activities in the park, which is home to large colonies of common terns and piping plovers. And to crown it all, Kouchibouguac was declared a "Dark Sky Preserve" in 2009 by the Royal Astronomical Society of Canada.

NEW-BRUNSWICK BEACH

WHAT TO DO

SWIMMING ★

Bathing on the beaches of Kouchibouguac The park's beaches (Kellys Beach and Callanders beach) offer some of the **warmest salt water north of Virginia**.

Don't miss this opportunity to relax and enjoy the moment... after all, you are on holiday! (Late June to late August.) The park is a real paradise for building sand castles, but also for **canoeing and kayaking enthusiasts** who can paddle on calm lagoons and rivers, protected by the dunes. **Ryans Equipment Rental**, located next to the South Kouchibouguac campground, rents **kayaks, mountain bikes, paddle boards and pedal boats** to help you explore the beauty of your surroundings.

WALKING ON KELLYS BEACH ★

Distance (one-way): 1.2 km
Time (one-way): 30-45 minutes
Level: Easy

Kellys Beach Boardwalk is without a doubt the **most travelled trail in the park**. This easy 1.2 km (one-way - about 30-45 minutes) hike is a must-do activity for the whole family. As well as

providing access to **magnificent Kellys Beach**, the trail provides interpretive signs explaining the evolution of the barrier island dunes, the salt marshes, and the animals and plants that live there. Every day from mid-May to mid-October (swimming from late June to late August).

La plage Kellys, the most popular beach in the park, is supervised by lifeguards (late June

to late August) and features showers, toilets, a canteen (mid-June to mid-October), a lookout and a picnic area.

KOUCHIBOUGUAC NATIONAL PARK ★

Season: Open every day, all year round, with full services available in July-August.

Visitor Centre:

The park's **Visitor Reception Centre** (186 Route 11, Kouchibouguac).

www.pc.gc.ca/fr/pn-np/nb/kouchibouguac



WALK ON THE BEACH

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SWIMMING ON A BEACH

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KOUCHIBOUGOUAC NATIONAL PARK

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STARRY SKY RESERVE

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WHERE TO EAT

Your best bet when visiting Kouchibouguac National Park is to bring along a picnic lunch, as there are few good restaurants in the area. There is a grocery store where you can buy everything you need in Saint-Louis-de-Kent, the Coop St-Louis / Tradition Market, a 20-minute drive from South Kouchibouguac campground.

